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CRUSHING ON KIDS IN THE HALL

The Kids are in Winnipeg on Friday, minus the head-crushing but with some familiar characters. Story in metroNEWS. CONTRIBUTED

Income gap rises

WINNIPEG STUDY

Middle class on the decline

Dave Baxter
For Metro

Winnipeg's rich are getting richer, the poor are getting poorer and the middle class is slowly disappearing.

Those are the results of a new book and study released by the University of Winnipeg's Institute of Urban Studies (IUS) entitled The Divided Prairie City, co-edited by IUS director Jino Distasio and urban geographer Andrew Kaufman.

The study, released Wednesday, shows 33 Winnipeg neighbourhoods considered poor in 1980 saw incomes decline even further by 2010, while more than 20 neighbourhoods considered rich saw incomes go up over those 30 years.

The study also shows middle-class areas are in decline, as about 40 neighbourhoods considered middle-class in 1980 saw incomes decline to below the city average.

"So it's not new to people that wealth is moving to the edge and that we have those concentrated areas of poverty in the inner city," said Distasio. "But what should be surprising is that so many middle-class neighbourhoods are falling further below the average income for Winnipeg."

Distasio said the study paints a bigger picture of why there is a divide in Winnipeg in terms of wealth as well as race.

MORE COVERAGE ON PAGE 3

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metro NEWS

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HOMICIDE

DNA tech helps revive cold case

Police have a break in a 30-year-old homicide case in Manitoba's Interlake region.

RCMP say they are pursuing new leads in the 1985 death of 80-year-old Michael Kalanza. His remains were found by a group of high-school students on a field trip to a quarry near Moosehorn in 1997.

Tara Seel of the RCMP said investigators are at the quarry once again combing the area for evidence.

"We're hoping to find supporting evidence to coincide with the new look at this investigation," she said Wednesday. "We also want to make sure that nothing was left undiscovered. Techniques have advanced a lot since 1997, so we just want to make sure that nothing was missed."

Officers from the historical-case unit have made new inquiries in the community, which they say has brought new information to light. Old exhibits have been resubmitted for DNA testing, Seel said.

New technology means investigators can pull DNA from smaller samples than they were able to in the 1990s, she said.

"Today, minute evidence that previously wouldn't be considered for DNA profiling may now be suitable."

They are also able to examine fingerprints more precisely, she added.

Kalanza disappeared from Faulkner, Man., in 1985. His family is still looking for answers, Seel said.

"For the RCMP, unsolved cases remain active and open until a conclusion is reached. This case was never closed."

THE CANADIAN PRESS



Michael Kalanza disappeared in 1985. COURTESY RCMP



Support worker Aron Grawberger says he sees how the income gap has hurt neighbourhoods like the North End. DAVE BAXTER/METRO

Bearing witness to the income divide

POVERTY

Residents of inner city see gap every day

Dave Baxter
Metro | Winnipeg

All Jarita Greyeyes has to do is look out her window at the University of Winnipeg to get a first-hand view of how large the city's income gap has become.

"Being in the Spence neighbourhood, we have community members living on extremely limited incomes, and then we have many students that are driving in for classes from some very well-off neighbourhoods," said Greyeyes. "So every day, I am literally looking at that gap."

Greyeyes is the manager of the Wii Chiiwaakanak Learning Centre, which she said works to "bridge the gap" between the U of W, inner-city and aboriginal communities.

She said she is not surprised by the results of the Divided Prairie City study released by the U of W Institute of Urban Studies this week, showing the poor neighbourhoods in Winnipeg getting poorer over the last 30 years while rich get richer.

"We can see that the Spence neighbourhood has its challenges, but lately what we are seeing is that vulnerable people are becoming even more vulnerable."

Aron Grawberger is a community support worker who works with people in the Selkirk Avenue area. He said all he has to do is look around to see that incomes aren't increasing — and are often decreasing.

"I'm not surprised at all that the lower-income neighbourhoods have been getting poorer," said Grawberger.

He said he works with many low-income people, and sadly hunger and homelessness are often the result of inner-city poverty.

Molly McCracken, director of the Manitoba office of the Canadian Centre for Policy Alternatives, said all three levels of government need to do more.

"There are choices governments make that affect income equality, and obviously these choices aren't working because the disparity is growing."

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BIG LIFT TRAILER BLOCKS TRAFFIC Crews work to lift an overturned trailer that blocked traffic on southbound McGillivray Boulevard at Waverley Street Wednesday. SHANE GIBSON/METRO

Woman killed was educator: Chief

CRIME

Kathleen Leary retired after years working for community

A Manitoba chief says the woman who died after being attacked in her home was a retired educator.

Norway House Cree Nation Chief Ron Evans says Kathleen Leary spent years working for the band.

Evans says Leary was director of education for many years, then worked as director of health services.

He says she retired in February and lived with her family in Winnipeg, at the house where she was found Tuesday.

Police confirm that a female was found with injuries to her upper body and died shortly after, but would not give an age or name.

Media reports say two homes within two blocks of each other were surrounded by officers and that a person was seen fleeing from the area, but no arrest has been made.



Kathleen Leary. FACEBOOK

"They've been in shock and trying to come to terms with what has happened to their mother," Evans said after speaking to Leary's family.

> **She played a very important role while we were building our high school.**
> Norway House Cree Nation Chief Ron Evans

Leary contributed many skills to her community, Evans said.

"She played a very important role while we were building our high school," he said.

A reliable source told Metro Winnipeg that Leary was the victim of a home invasion, but police have not confirmed any details.

She is the eleventh homicide of the year.

THE CANADIAN PRESS, WITH FILES FROM METRO WINNIPEG

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Manitoba's minister of consumer protection, Ron Lemieux, holds Puffin, a rescue dog available for adoption at D'Arcy's A.R.C. Lemieux was at the no-kill shelter to announce changes to the province's Veterinary Medical Act. SHANE GIBSON/METRO

Vets to be more upfront on costs

CONSUMERS

Legislation will increase the fines for price gouging



Shane Gibson
Metro | Winnipeg

Legislation introduced Wednesday aims to make sure Manitoba pet owners know how much it'll cost to fix Fluffy before getting the bill.

Consumer Protection Minister Ron Lemieux said the changes to the province's Veterinarian Medical Act will both require vets to tell customers the total cost of any procedures and add price-gouging to the list of breaches vets can be fined for.

Under the legislation, those fines jump from $5,000-$30,000 to $10,000-$50,000.

"The vast majority — 99.9 per cent — of veterinarians are absolutely forthright about telling you about what potential costs could be, but there's unforeseen circumstances," said Lemieux. "This legislation … is about having clear expectations that when people go to a veterinarian they're able to see upfront what those costs are going to be."

The legislation stops short of mandating the price of procedures, meaning clinics will still decide what to charge based on overhead and availability of other options for consumers.

"This is not price-setting or price-fixing," said Lemieux. "It's a protection issue."

The Manitoba Veterinary Medical Association (MVMA) worked with the government on the changes, which will also add public representation to the MVMA council, recognize the role of animal health technologists and update their titles to veterinary technologists, allow vets to incorporate their practices and allow the MVMA to regulate and licence incorporated members.

The MVMA will work with veterinarians over the next year to create the pricing transparency.

WHERE TO TURN

Customers who feel they've been gouged can make a complaint to the MVMA through their website at mvma.ca.

IN BRIEF

Education 'funeral' held

Students at the University of Manitoba staged a mock funeral this week to mark what they call the death of education. The protest was in response to planned budget cuts at the university, which has a $14 million shortfall.

The new budget, which was passed Tuesday night, will see departments face a four per cent cut.

University president David Barnard told CJOB it's possible students won't see some courses offered next year. Some jobs could be affected. METRO

ANTENNA TOWERS

More consultation needed: Committee

The city's Executive Policy Committee put Winnipeg one step closer to amending its policies on antenna towers.

On Wednesday, the EPC voted unanimously to move forward with a policy where public consultations must be done before any antenna tower construction in the city proceeds, including towers for wireless.

"The steps we are taking allow for greater notification for Winnipeggers," said Mayor Brian Bowman. "To allow for a requirement that towers will be built within a certain time frame. I think it's three years from the end of public consultations.

"It's all intended on our part to insure that there is greater engagement with the citizen, and it brings us more in line with what's going on nationally."

METRO



The new Kids on our block

BACKSTAGE PASS

Canadian comic legends play Winnipeg on Friday



Jared Story
Metro | Winnipeg

The Kids in the Hall no longer crush each other's heads.

The Canadian sketch comedy troupe, known for such off-the-wall characters as Gavin, the Chicken Lady and the Head Crusher, is in the midst of its first major tour in seven years.

Bruce McCulloch said he and his fellow troupe members — Dave Foley, Kevin McDonald, Mark McKinney and Scott Thompson — used to clash constantly, but now the Kids are all right.

"We always have creative disagreements, but in the old days we'd actually fight. We'd assail each other's characters," said McCulloch.

"Now, just because we see each other so rarely and our careers aren't as tied to each other, it's fun now to be together. We kind of miss each other. There's nothing to fight about anymore."

The Kids in the Hall's touring show combines new material with classic sketches, as well as classic characters in new sketches. With its new stuff, McCulloch said the troupe got back to basics.

"We actually did some new-material shows in Toronto about a year ago. We wrote fast, in the way we used to when we were writing stuff at the Rivoli," said McCulloch, speaking of the Toronto club where the troupe would regularly perform in its early days.

"From those shows, we found a few gems that we liked and reworked them, and they came on this tour. That was us going back to our old creative impulses."

Those impulses yielded such surreal sketches as Girl Drank Drunk, Trappers and The Daves I Know, a bizarre brand of humour which influenced the off-the-wall comedy of Tim & Eric and Portlandia.

McCulloch is currently working with Toronto comedy troupe Get Some and said he's a fan of the Winnipeg-shot sketch show Sunnyside.

"If we did anything, we showed it as an option for young creative weirdos like ourselves," McCulloch said.

SEE THE SHOW

The Kids in the Hall perform at the Burton Cummings Theatre on Friday. Tickets are $91.75 to $49.25 at Ticketmaster. Showtime is 8 p.m.



Canadian comedy troupe The Kids in the Hall play the Burt on Friday. COURTESY DAVID HAWE

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Award-winning musical Jersey Boys comes to the Centennial Concert Hall in Winnipeg May 26-31. HANDOUT

Get ready to dance at Jersey Boys show

ENTERTAINMENT

'Rowdy, fun' musical swings into Winnipeg May 26-31



Shane Gibson
Metro | Winnipeg

When Jersey Boys opens in the city later this month, Drew Seeley expects to see dancing in the aisles of the Centennial Concert Hall.

The Toronto-born actor and musician who plays Four Seasons' crooner Bob Gaudio in the Tony- and Grammy-award winning musical tells Metro he's seen all sorts of audiences as he's toured with the show across the U.S. and Canada over the last few weeks, and undoubtedly his favourites are the ones who join in on the fun with the cast.

"Certain cities have been more reserved and in other cities people are singing and dancing and cheering in the aisles by halfway through the first act," he laughed over the phone from Chicago, where the musical stopped last week. "You never quite know what you're going to get but we encourage a nice loud audience.

"It's not — and I'm putting this in quotes — a proper sit down musical."

Jersey Boys chronicles the lives of the members of the Four Seasons — Frankie Valli, Tom DeVito, Nick Massi and Gaudio — from their start as blue-collar kids kicking around New Jersey through a 30-year career making hits that culminates with their induction into the Rock and Roll Hall of Fame 30 years later.

And what makes it not a "proper sit-down musical," as Seeley says, is that it's a story that includes mixes with the mob, adultery and a fair share of spicy language.

"They like to call it 'authentic Jersey language.' In other words, some of us are cussing up a storm," said Seeley of the show, which includes more than 30 Four Seasons numbers throughout the two-and-a-half hour production. "It's a rowdy, fun, good time."

Jersey Boys runs in Winnipeg from May 26 through 31.



EXTREME SPORTS NITRO CIRCUS BRINGS DEATH-DEFYING SHOW TO WINNIPEG X Games medallist Travis Pastrana pulls off a stunt in Los Angeles in 2013. The 17-time medallist headlines Nitro Circus, happening at MTS Centre Oct. 28. Tickets go on sale on Friday. GETTY IMAGES



Tories give green light to third election debate

ELECTION STRATEGY

Event will be sponsored by Globe and Mail, Google Canada

The Conservatives are keeping their grip on the pre-election steering wheel, agreeing to a third national debate — one to be held on Stephen Harper's home turf in Calgary and focused on the economy.

The party announced Wednesday that it has accepted a proposal for a third federal election debate sponsored by the Globe and Mail and Google Canada.

"We look forward to this opportunity for voters to compare our plans to keep the Canadian economy strong to the tax-and-spend plans of the opposition," spokesman Kory Teneycke said in a statement.

Teneycke has said Harper will participate in a total of five debates and has already given the nod to one in August hosted by Maclean's magazine and another by the French language network TVA.

MEDIA

The consortium is made up of CBC/Radio-Canada, Global and CTV.



Prime Minister Stephen Harper, left to right, former NDP Leader Jack Layton, former Liberal Leader Michael Ignatieff and former Bloc Québécois Leader Gilles Duceppe arrive to the English language federal election debate in Ottawa, Ont. on April 12, 2011. The Conservative party says it has accepted a proposal for a third federal election debate. ADRIAN WYLD/THE CANADIAN PRESS

The Conservatives shook up the debate scenario by walking away from negotiations with the consortium of major TV networks that traditionally broadcast the faceoffs.

They have emphasized that they would like to participate in debates on different media, since Canadians are consuming current affairs on different platforms.

There are also strategic considerations for the Conservatives, who are focused on highlighting the differences between their longtime leader and Liberal Leader Justin Trudeau, a relative newcomer.

A debate on the economy theoretically would favour Harper, who campaigned successfully in 2011 on the message that voters needed to stick with his stable government rather than try something new.

"They want more opportunities for Trudeau to 'shine' in formats he might not be as rehearsed for," former Harper communications director Andrew MacDougall posted to Twitter Wednesday.

"Adding to number of debates also deadens impact of any one debate/slip up."

So far, the New Democrats have said they are anxious for Leader Tom Mulcair to debate Harper no matter the venue. They have agreed in principle to the three debates Harper has endorsed, while not ruling out the consortium.

The Liberals have yet to confirm their debate plans, but along with the Greens, they have defended the consortium format as the best way to reach the maximum audience — 14 million viewers in 2011.

THE CANADIAN PRESS

MONTREAL

Education key against jihad, says expert

In the wake of the arrest of 10 young Montrealers suspected of wanting to join jihadist groups overseas, an expert says more needs to be done to educate and counter the extremist rhetoric some Canadian youth have been eager to embrace.

The 10 were detained last weekend at Montreal's Pierre Elliott Trudeau International Airport and released without charge, after having their passports seized.

Educating youth is one key, but so is a clear strategy to fight the Islamic State of Iraq and the Levant's online propaganda, says Andre Gagne, a Concordia University religion professor.

"The best way is to provide a different narrative," said Gagne, who speaks on religious extremism. "(Youth) haven't developed, in many cases, critical thinking skills to be able to sift out extreme views or extremist perspectives on either religion or political situations."

THE CANADIAN PRESS

STATEMENT

Collège de Maisonneuve, a junior college, confirmed that four of the 10 arrested were students at their institution. The school said in a statement it has been dealing with the indoctrination of students, but that it doesn't have any say on what happens outside its walls.







A dolphin jumps in front of holidaymakers in Taiji, Japan, in this 2010 photo. KOJI SASAHARA/THE ASSOCIATED PRESS

Taiji dolphin hunt 'cruel'

JAPAN

Aquariums say no to animals caught in area

Japan's aquariums promised Wednesday to stop acquiring dolphins captured in a bloody hunt that was depicted in the Oscar-winning documentary The Cove and which has caused global outrage.

The move by the Japanese Association of Zoos and Aquariums (JAZA) follows a decision last month by the Swiss-based umbrella group World Association of Zoos and Aquariums (WAZA) to suspend the Japanese organization's membership.

WAZA characterized the Taiji hunt as "cruel" and decided that none of its members should acquire dolphins in such a way.

In that hunt, dolphins are scared with banging, herded into a cove and speared by fishermen for their meat. The best-looking ones are sold to aquariums.

In a letter to WAZA, the Japanese group, which comprises 89 zoos and 63 aquariums, said it would abide by WAZA's decision.

"It is our wish at JAZA to remain as a member of WAZA," chair Kazutoshi Arai said in a letter addressed to WAZA President Lee Ehmke.

The campaign against the Taiji hunt has drawn Hollywood stars as well as the anti-whaling group Sea Shepherd.

The latest move was welcomed by animal-welfare groups.

"This momentous decision marks the beginning of the end for dolphin hunting in Japan," said Sarah Lucas, the CEO of Australia for Dolphins.

Officials in Taiji, a small fishing village in central Japan, and fishermen have defended the hunt as tradition, saying that eating dolphin meat is no different from eating beef or chicken.

Groups such as Australia for Dolphins argue that dolphin meat does not provide enough monetary incentive to keep the hunts going, but dolphins are sold to aquariums and marine shows for thousands of dollars.

WAZA did not immediately respond to a request for comment. THE ASSOCIATED PRESS

BACKGROUND

Dolphin meat is a delicacy most Japanese never experience. Many Japanese are horrified by the dolphin killing and have joined the campaign against the Taiji hunt.

The Cove, which won an Academy Award in 2009, focuses on veteran dolphin activist Ric O'Barry, who trained dolphins for the 1960s Flipper TV series before deciding to devote his life to protecting the mammals and keeping them in nature. THE ASSOCIATED PRESS

EXTREME SPORTS

Fatal, fiery BASE jump caught on film

A 73-year-old BASE jumper who died after leaping from an Idaho bridge had set his parachute on fire as part of a stunt, authorities say.

A graphic video of the fatal jump, posted to YouTube on Monday, shows someone engulfed in flames and falling from the Perrine Bridge into the Snake River, 500 feet below.

James E. Hickey had apparently planned to ditch the flaming parachute and deploy a second chute in the May 7 stunt.

The initial report from the Twin Falls County Sheriff's Office said only that Hickey's parachute deployed too late, and the coroner said Hickey died of blunt-force trauma.

Professional BASE jumper Sean Chuma told Twin Falls newspaper the Times-News that he had heard Hickey successfully performed the stunt while skydiving.

The video shows two BASE jumpers climbing over the railing of the Perrine Bridge and leaping around the same time. While one jumper glides safely away underneath a parachute, the other becomes engulfed in flames and falls quickly out of view.

The video pans back to the river just after the burning jumper hits the water. A boat arrives seconds later, and the video ends.

BASE jumping has come under increased scrutiny, as at least five people have died in accidents since January, including two last week at Yosemite National Park.

The acronym "BASE" stands for building, antenna, span and Earth, the types of places from which jumpers leap, such as bridges and cliffs. It's illegal in many places but allowed year-round without a permit at the Perrine Bridge in Twin Falls. THE ASSOCIATED PRESS



ENVIRONMENT

Oil slick spans miles off California coast

Slicks of oil that spilled into California coastal waters from an onshore pipeline spanned a total of nine miles Wednesday, and a company official said the line was operating at full capacity when it broke, suggesting much more oil escaped than initially estimated.

The oil that spilled Tuesday off southern Santa Barbara County formed two slicks, said Coast Guard Capt. Jennifer Williams, one of two federal response co-ordinators.

Before a morning flyover, the oil was estimated to span four miles of ocean.

The spill from a Plains All American Pipeline LP pipe was initially estimated at 21,000 gallons, but officials were not relying on that.

Company official Darren Palmer said Wednesday it remained unknown how much oil actually spilled.

> **It smells like what they use to pave the roads ... I'm sad for the birds — if they lose their habitat.**
> Fan Yang, 26, of Indianapolis

But he said the pipeline was running at a rate of 2,000 barrels an hour — equivalent to 84,000 gallons.

The pipe was built in 1991 and underwent integrity testing a few weeks ago, he said. Palmer said the company took responsibility for the spill and would pay for the cleanup.

THE ASSOCIATED PRESS



MIGRANT CRISIS INDONESIA, MALAYSIA OFFER SHELTER TO BOAT PEOPLE Migrants wait to be rescued by Acehnese fishermen on their boat on the sea off East Aceh, Indonesia, Wednesday. In a potential breakthrough in Southeast Asia's humanitarian crisis, Indonesia and Malaysia offered Wednesday to provide temporary shelter to thousands of migrants stranded at sea after weeks of saying they weren't welcome. But they appealed for international help, saying the crisis was a global, not a regional, problem. S. YULINNAS/THE ASSOCIATED PRESS

MIDDLE EAST

Israeli PM cancels segregated buses

Prime Minister Benjamin Netanyahu on Wednesday cancelled a plan that would have banned Palestinian labourers from riding on the same buses with Jewish settlers in the West Bank, just hours after it was announced — an embarrassing about-face that reflected the tensions enveloping Israel's new government.

The inauspicious start for Netanyahu's hard-line government illustrated the difficulties that loom as it tries to advance a pro-settler agenda in the face of rising global outrage and domestic criticism.

The reversal came as the European Union's foreign policy chief, Federica Mogherini, was in town. The EU has taken a tough stance against settlements built on lands claimed by the Palestinians.

As the bus plan was unveiled, Israeli critics across the political spectrum derided it as racist, with one opposition politician comparing it to "apartheid." Israeli President Reuven Rivlin, a member of Netanyahu's Likud Party, called the plan "unthinkable" and said there had been "great damage" to Israel.

Netanyahu's new coalition, which was sworn into office last week, is dominated by settler sympathizers, and the busing plan, launched late Tuesday on a trial basis, had sought to separate settlers and Palestinians from travelling together through the West Bank.

THE ASSOCIATED PRESS

U.S. releases seized bin Laden papers

DECLASSIFIED DOCUMENTS

Include letters to wife, terror applications

During his years in hiding, Osama bin Laden urged followers to concentrate on attacking Americans and wrote bittersweet letters to one of his wives and his children, according to documents released Wednesday by U.S. intelligence officials.

The documents were seized in the al-Qaida leader's compound during the raid in which bin Laden was killed. More than 100 were declassified and published online.

The documents include a fill-in-the-blanks job application for terrorist candidates that ranges from typical questions about education and hobbies to "Do you wish to execute a suicide operation?"

Altogether, the 103 papers and videos add new texture to the world's picture of the mastermind of the Sept. 11 terror attacks, much of it in his own words.

They include videos and images of letters in Arabic, with the English translations by intelligence officials.

The material was recovered in the May 2011 raid on bin Laden's compound in Abbottabad, Pakistan, the Office of the Director of National Intelligence said. It said it was being made public after a rigorous review by government agencies, as required by a 2014 law.

U.S. officials had said at the time of his death that they believed bin Laden had become so isolated in his hideout that he no longer exercised the level of control over al-Qaida operations that he had in the past.

In one letter, bin Laden urges one of his deputies to inform "our brothers" they must keep their focus on fighting Americans. Their "job is to uproot the obnoxious tree by concentrating on its American trunk, and to avoid being occupied with the local security forces," bin Laden writes.

Another bin Laden letter mocks President George W. Bush's "war on terror," saying it had not achieved stability in Iraq or Afghanistan and questioning why U.S. troops were "searching for the lost phantom" — weapons of mass destruction in Iraq.

THE ASSOCIATED PRESS

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Irish gear up to vote on gay marriage

HUMAN RIGHTS

Referendum will be world's first on issue

Gays in Ireland often have faced a stark choice between leading secret lives or emigrating to more liberal lands. This week, the Irish could turn that tradition on its head and vote to legalize same-sex marriage in the world's first national referendum on the matter.

The campaign ahead of Friday's constitutional referendum has featured searing testimonies designed to make the voters of this predominantly Roman Catholic nation look in the mirror.

Members of many of Ireland's most prominent families have come out of the closet in hopes of challenging their neighbours' attitudes to homosexuality.

The contest has pit the waning power of the Catholic Church against the secular-minded government of Prime Minister Enda Kenny.

Gay marriage is legal in 19 countries, including Britain and most of the United States. Three U.S. states used referendums to help enact their laws, but Ireland is the first to hold a nationwide popular vote. THE ASSOCIATED PRESS



A gay-rights mural decorates the side of a building in Dublin on April 23. THE ASSOCIATED PRESS

CRIME

U.K. police suspect 1,400 of sex abuse

A national U.K. police group looking into potential links between multiple British investigations into past child sex abuse said Wednesday that more than 1,400 suspects have been identified.

The National Police Chiefs' Council, which co-ordinates separate abuse allegations across Britain, said 261 suspects were "people of public prominence." They included 76 politicians, 135 people from TV, film or radio and 43 from the music industry.

Most of the others were said to be offenders who operated inside schools, children's homes and religious bodies. Of the total, 216 are dead.

Norfolk Chief Constable Simon Bailey said the referrals were "increasing on an almost-daily basis." He added that revelations about the scale of abuse by late children's entertainer and charity fundraiser Jimmy Savile "no doubt" had an impact on the unprecedented number of allegations.

An official inquiry is underway looking into whether British public agencies had neglected or covered up abuse allegations from the 1970s. THE ASSOCIATED PRESS

IN BRIEF

NSA may have to wind down bulk data collection

The U.S. Justice Department warned lawmakers that the National Security Agency will have to wind down its bulk collection of Americans' phone records by the end of the week if Congress fails to re-authorize the Bush-era Patriot Act.

Faced with the law's expiration on June 1, the department circulated a memo on Wednesday that described the powers that will lapse and the actions NSA will have to take in advance to avoid legal challenges. The House of Representatives has already passed a bill that would change the way phone records are collected. THE ASSOCIATED PRESS

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NE053G115

Spotify getting into videos, news radio

STREAMING SERVICES

Digital music leader goes up against Netflix, Hulu, Amazon

While asserting it is still a music company at heart, Spotify says it is expanding its lineup to include podcasts, news radio and video streaming.

The company says it wants to help people create a soundtrack for their day that includes not only music but videos, newscasts and other content.

LAUNCH

CEO Daniel Ek said the new service launched Wednesday in the U.S., U.K., Germany and Sweden. There's no word yet on a Canadian launch date.

Spotify offers free streaming music and also a premium service for a monthly fee that includes extra features. The company didn't say it is changing its cost structure.

Spotify enters a competitive market for video streaming dominated by Netflix, Amazon and Hulu and getting more crowded with the arrival of companies like HBO.

Spotify's service is a "logical extension of the company's success in digital music streaming, since these are complementary businesses that use much of the same technology infrastructure, marketing expertise and vendor relationships," said Paul Verna, senior analyst at research firm eMarketer.

Verna said the manoeuvre suggests Spotify "sees a business opportunity in digital video advertising, which is a much larger and faster-growing sector than Spotify's core business of digital music."

THE ASSOCIATED PRESS



Daniel Ek, CEO of Spotify, announces at a media conference in New York on Wednesday the company's entry into video and original content. DON EMMERT/AFP/GETTY IMAGES

MEAT TRADE

U.S. committee votes to repeal labels law

The U.S. House of Representatives agriculture committee voted 38-6 on Wednesday to get rid of labels on packages of meat that say where the animals were born, raised and slaughtered — just two days after the World Trade Organization (WTO) ruled against parts of it.

House Agriculture Committee Chairman Mike Conaway, a Republican, along with several of his colleagues, introduced the legislation hours after the WTO decision. All but six of the committee's Democrats supported the bill.

"We cannot sit back and let American businesses be held hostage to the desires of a small minority who refuse to acknowledge that the battle is lost," Conaway said.

The bill would go beyond just the muscle cuts of red meat that were covered under the WTO case, however, also repealing country-of-origin labelling for poultry, ground beef and ground pork. Conaway said the poultry industry asked to be included after facing "high costs and little if any quantifiable benefits" from the labelling law. THE ASSOCIATED PRESS

IN BRIEF

Protest shuts restaurant
McDonald's shut down a restaurant near its headquarters in Oak Brook, Ill., Wednesday after the area was swamped by hundreds of protesters calling for pay of $15 US an hour and a union. A spokeswoman said it was closed because of traffic concerns. THE ASSOCIATED PRESS

market minute

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MORTGAGES

Banks shun contract workers

When Toronto actor Shawn Ahmed asked his bank for a mortgage in early 2013, he ran up against the lending policies that some say are shutting young contract workers out of the loans market altogether.

Ahmed, at 27, had already appeared in numerous TV shows and movies. But TD Bank and PC Financial turned down his applications because he didn't fit their framework for an ideal borrower, Ahmed said.

Ahmed faced the problem of an increasing number of young people, the millennial generation of those under 35 for which contract and short-term employment is more common than full-time work.

Young people have seen a big shift from full-time employment, which has grown 3.5 per cent since 2008 for those aged 25 to 44, to contract work, which is up 24.9 per cent in the same period. Yet, Canada's big banks haven't updated their lending rules to deal with this new reality, said Julie Fortier, who ran into troubles securing a mortgage.



Actor Shawn Ahmed. GALIT RODAN/THE CANADIAN PRESS

"We're all on contract," said Fortier, 32. "Banks don't really understand how to deal with it."

Now new lenders are making their way into the market, with online outlets such as Borrowell and Grouplend looking to bridge the gap between high-interest credit cards and low-cost loans. Borrowell CEO Andrew Graham and Grouplend CEO Kevin Sandhu said their products use personal information to build a more complete picture of a borrower to offer loans and rates to people who believe they are being ignored by the major banks.

THE CANADIAN PRESS

Banking giants' fines top $5B

A group of global banks will pay more than $5 billion US in penalties and plead guilty to rigging the world's currency market, the first time in more than two decades that major players have admitted to criminal wrongdoing.

JPMorgan Chase, Citigroup, Barclays and The Royal Bank of Scotland conspired to fix rates on U.S. dollars and euros traded in the huge global market for currencies, according to a resolution announced Wednesday between the banks and the U.S. Department of Justice (DOJ).

A group of currency traders, calling itself The Cartel, allegedly shared customer orders through chat rooms and used that information to profit at the expense of their clients.

The four banks will pay a combined $2.5 billion US in criminal penalties to the DOJ, according to the agreement. The Federal Reserve is slapping them with an additional $1.6 billion US.

British bank Barclays is paying $1.3 billion US to British and U.S. regulators.

Another bank, Switzerland's UBS, has agreed to plead guilty to manipulating key interest rates and will pay a separate criminal penalty of $203 million. THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Thursday, May 21, 2015

Bloc needs a saviour to survive

POLITICS
Chantal Hébert



The Parti Québécois chose media tycoon Pierre-Karl Péladeau as its leader last Friday, based on the belief he would breathe new life into the flagging cause of sovereignty and do so quickly.

For the baby boomers who make up the backbone of the PQ, time to reach the coveted destination of independence is of the essence.

But unless the Bloc Québécois rises from the dead next October, the first Quebec vote to take place on PKP's watch will turn into yet another sovereigntist wake.

At this juncture, resurrecting the federal party is lining up to be a tall order.

The Bloc has not been in first place in voting intentions since its 2011 defeat at the hands of the NDP. Provincewide, it usually ranks third behind the Liberals and the NDP, just ahead of the Conservatives. Because the Conservatives' support is heavily concentrated in the larger Quebec City area, Stephen Harper's party is currently favoured to win more seats than the BQ next fall.

With only one MP running for re-election and in the absence of a leader in the House of Commons, the Bloc has on occasion gone for weeks since 2011 without rating more than a passing mention in the mainstream Quebec media.

Almost a year into the tenure of sovereigntist activist Mario Beaulieu, the latest Bloc leader remains unknown to many Quebec voters.

Most of them will see him in action for the first time on the podium of the French-language election debate(s) this year. His own election campaign, in a Montreal inner-city riding currently represented by the NDP, is expected to be an uphill battle.

The Bloc would need the political equivalent of divine intervention if it is to avoid being unceremoniously consigned to the dustbin of history next fall.

For many sovereignists, that divine intervention is expected to take the shape of an incoming PQ leader considered by more than a few of his followers to have the ability to walk on water.

If he could, Péladeau might be tempted to pass on a potentially programmed-to-fail rescue mission. He is a late convert to the merits of a sovereigntist presence on Parliament Hill.

Early in his leadership campaign, he voiced doubts as to the relevance of the Bloc, only to have to backtrack in the face of a nascent backlash within party ranks.

Now — and whether he likes it or not — the upcoming federal election is poised to be the first real-life test of his capacity to nurse sovereigntist fortunes back to health.

If only for the sake of the fractious movement he is trying to reunite behind him, Péladeau would be hard-pressed to sit out the federal campaign while the PQ's sister party fights for its life.

A fatal Bloc defeat would take wind out of Péladeau's sails, but sitting on his hands while the federal ship sinks could compound the damage.

PKP has, after all, promised to make the pursuit of sovereignty his overriding concern. As it happens, that has also been Beaulieu's mantra. He has now taken to quoting his new PQ partner at every opportunity.

The Bloc is the only sovereigntist option on the federal ballot. In theory, voting for the party should be a no-brainer for anyone partaking in a PKP-induced sovereigntist revival.

After all, when it comes to supporting sovereignty in the abstract, casting a ballot for the Bloc comes second only to telling a pollster that one would vote yes in the hypothetical event of another referendum.

A fatal Bloc defeat would take wind out of Péladeau's sails, but sitting on his hands while the federal ship sinks could compound the damage.

As of last weekend, according to Léger Marketing, the proportion of yes voters stood at 42 per cent and support for the PKP-led PQ at 34 per cent. If he has even a fraction of the power of attraction that his supporters believe, should not Péladeau's presence in the sovereignist window bring enough traffic to the Bloc to keep it in business?

Not that the PQ does not have a script ready for any federal outcome.

Over the past two decades it has always cast the Bloc's successes as great omens for sovereignty and its setbacks as meaningless ones for its cause. The reverse has tended to be true.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD
metroview



To keep friendships, we need to embrace the complications

This is the Age of Friendship.

Perfect love has been outed as a lie, marriage is not obligatory, and sexual relationships can be as varied and short-lived as the weather.

Families have been scattered across the globe, replaced by the rise of the "chosen family," and Statistics Canada has reported that we're more likely to see friends over family in any given week.

The friend is the dominant relationship of our time, and we're gathering more of them. But don't expect this era to be any less fickle.

Yesterday, Statistics Canada revealed that the number of Canadians with three or more close friends rose to 75 per cent in 2013, versus 70 per cent in 2003. Among 25- to 34-year-olds, 70 per cent have more than 10 other friends or acquaintances, up from 58 per cent a decade before.

Yet no one tells you, when you start making all these friends, how frequently the relationships will change.

Growing up, I believed friends would be the safety blanket of adult life, the constant, forgiving companions. Lovers come and go, but friendship is forever, I was told.

But it's not always true. And we should be honest about it.

Yes, there are efforts to show the complexity of friendships (the new novel Friendship, the best-friend breakup movie Frances Ha and the TV show Girls) but they're hardly enough to dispel our assumptions of the cemented, enduring friendship.

And when I found myself one day realizing I was drifting from a friend I believed would love me forever, it was a shock.

When I have moved cities and left behind people I saw daily, I've worried that it's my fault if intimacy is lost. When close friends have fallen in love, when they've changed, or when I've changed, the friendship doesn't hold steady. It morphs. And sometimes it dies.

There's hardly ever a clean break, the "it's not you, it's me" conversation, which Natalie Kon-yu, co-editor of a collection of essays on female friendships called Just Between Us, has noted. Shame over the loss can linger. It's one thing for love to die, but who discards a friend?

Yet in 2009, Dutch researcher Gerald Mollenhorst found that we do change friends — about half of them every seven years.

If we want to keep the friends we have now, we'd better get real about how complicated those relationships can be. And if we should lose some of them, it shouldn't be a source of shame.

Life, and friendship, is just that messy.

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Wickd: R&B star The Weeknd racks up six MMVA nominations

Vow to keep it simple

SLAPDASH AFFAIR

How to save 20K+ and plan your wedding on the fly

Melissa Dunne
Metro | Life





What last-minute weddings lack for in money and time can be make up with creativity. ISTOCK

"You bought your wedding dress online?!" exclaimed my seamstress.

"Yes," I murmured, suddenly turning the shade of a ripened tomato and rambling on about how it's a casual affair, we've been together almost a decade and it's a waste of money to spend a small fortune on something you'll wear once.

Later, The Fiancé and I went to a local florist. When she asked which colours I wanted I said: "I dunno… red?" She exclaimed: "Red? At a June wedding?!"

A pattern was emerging. Planning a wedding on a whim was causing members of the public to lose it. Both times these women literally shrieked their disapproval at my plans I thought to myself: "THIS is exactly why I've always wanted to elope."

The amount of furrowed brows and not-so-silent judging has been a surprise. On Instagram and Pinterest it looks like everyone is happily opting for floral crowns, coloured dresses, suspenders and polka-dot bow-ties while everyone beams with delight at their whimsical choices. But in real life, there is still significant shade thrown at couples eschewing the traditional princess dress and tux.

Causing complete strangers' consternation wasn't the main reason it took so long for my cold feet to warm up to the idea of putting a ring on it. It was mainly the reported cost of those rings and the dress and the banquet hall etc., etc., etc.

Love don't cost a thing, but weddings sure do

According to Weddingbells' annual reader survey, the expected cost of a wedding in Canada in 2014 was $31,685. Not to humblebrag, but we planned our wedding in five days and the whole thing will cost about $5,000. The Fiancé and I actually thought it'd be more like $3,500, but have found that the little things (like dress alterations and flowers) quickly add up.

The co-founder and vice-president of The Wedding Planners Institute of Canada says based on her experience, couples really are spending $30,000+ on nuptials. In fact, many of her clients spend more than that.

"It's usually about $27,000," says Tracey Manailescu, who trains the next generation of wedding planners and has been helping couples plan their trips down the aisle for more than fifteen years.

Oh, and the $27,000 is just for the vendors and food. Ouch.

After hearing those numbers I'm happy we committed to planning what a friend dubbed a "slapdash" wedding. But, is deciding to wed with less than two months' notice rude to our guests?

Manners maven Karen Cleveland also had a slapdash wedding by today's standards and assures me a last-minute event is just fine.

"My husband and I pulled ours together in four months," says the etiquette adviser at MannersAreSexy.com. "There's no right or wrong way to do things."

I sheepishly tell her we sent an e-vite to save money and time. She says it's A-OK to send a digital invitation in the Digital Age.

While the manners expert is surprisingly open-minded when it comes to weddings she does have one iron-clad rule. Write handwritten thank-you notes to every guest.

"No email thank-yous," she says sternly.

With just over four weeks to go until I say "I do," I'm sure I'll get scolded for breaking a few more unspoken rules along the way. For the record: I'm going with a mix of daisies and white roses — not a red flower in sight.

Turns out picking flowers and dresses is not that different than picking out one person to spend the rest of your life with (eek). At some point you just have to trust your gut, close your eyes and take the plunge — trusting it will all work out in the end.

Or, you could just elope.

UNIQUE & THRIFTY



SOLANGE'S INSTAGRAM/@STRECORDS

The new normal is there is no normal when it comes to weddings, says Manailescu. Want to celebrate your second marriage in a cape on a bicycle like singer Solange Knowles? Go for it.

Something borrowed Manailescu suggests renting your dress or buying a used one. The site RentfrockRepeat.com has a wide range of non-traditional options.

Commit (to a budget) Guesstimate how much things will cost and then assume it will cost 25 per cent more than that. Then stick to that number.

Roses are red, violets are blue — and they will cost you Flowers are another area where couples are shocked by the blooming costs, says the wedding planner and trainer.

MELISSA DUNNE/METRO LIFE

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Winnipeg | metro

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GOOP

Paltrow will now let them eat cake

Let it be known that Gwyneth Paltrow has relaxed her attitudes about exactly what her two kids are allowed to ingest, finally ending the embargo on "bad" foods, she tells Women's Health.

"My food philosophy is nothing should be ruled out," she tells the magazine. "I don't believe in saying, 'You're not allowed that.' If my kids want a Shirley Temple with the radioactive cherry in it, go for it, you know?"

So she's gone from outright banning foods she deems inappropriate to laying on some next-level laissez-faire parental guilt-tripping? High marks, ma'am.

Oh, and if you're interested in getting that Goop-endorsed glow that Paltrow rocks on the magazine's cover? It's actually really simple. She says she just believes in "exercise, laughing, having sex, being yourself." So if you're not getting the results you want, clearly you're doing one of those wrong. NED EHRBAR/METRO IN HOLLYWOOD



Gwyneth Paltrow GETTY IMAGES

metroGOSSIP MUST READ



At TIFF last year, Melissa McCarthy reminded a particularly nasty critic that when he criticizes her appearance, he is chipping away at the self esteem of little girls everywhere. GETTY IMAGES

McCarthy calls out nasty critic

GENDER ISSUES

Comedian shames man who slammed her looks



Ned Ehrbar
Metro | Hollywood

So that time last year when Melissa McCarthy confronted a critic who had trashed her appearance in Tammy and criticized her looks? Apparently, she decided not to sink to his level.

"I met him at the Toronto Film Festival, and he actually said, 'I'm the one that wrote this.'

"He came up to me, and I was surprised that he talked to me," she tells Ellen DeGeneres.

"When I said, 'If (your daughter) comes home and someone says you can't have a job because you're unattractive,' are you gonna say, 'That's right'? And he took that in his heart and he was like, 'No, I would never want that to happen. I would never in a million years want that to happen.'

"And I said, 'Just know that every time you write stuff, every young girl in this country reads that and they just get a little bit chipped away.' I just think that we tear down women ... for all these superficial reasons, and women are so great and strong, and I think he really heard that."

GOSSIP NOTES

Vancouverite the new Bachelorette

Canadian fans of The Bachelorette will have a hometown hero to root for on the reality TV show this season.

Vancouverite Kaitlyn Bristowe, originally from Leduc, Alta., will get her pick of two-dozen eligible bachelors that will vie for her heart (or their 15 minutes of fame) as cameras follow their every move.

In a twist that made for awkward television, the guys got to vote whether they wanted to date Kaitlyn, a 29-year-old dance instructor, or Britt Nilsson, a 28-year-old waitress from L.A.

Ultimately the men preferred Kaitlyn to Britt, who went home in tears. Kaitlyn proceeded to get to know the guys — she seemed smitten with Shawn, who kind of looks like fellow Canadian Ryan Gosling — and sent five of them packing. EMILY JACKSON/METRO

Olsen twins moving into the Fuller House after all

So remember all that talk about how Mary Kate and Ashley Olsen had no interest in doing Fuller House and that was fine because their former co-stars didn't want them around anyway? Yeah, about that. A source tells Life & Style that the twins have had a change of heart and are signing on to reprise their shared role as Michelle Tanner for the Netflix reboot.

"They figured it would be a good break from their usual work routine to go and join their old cast members," the source says. This, of course, raises more questions than it answers, like how do you work in two very famous actresses for one part? Or will Michelle have a long-lost evil twin? And what exactly is the Olsen twins' "usual work routine?" NED EHRBAR/METRO

Married life has Clooney ditching his one-T-shirt ways

So how is George Clooney's life changing now that he's no longer a swinging bachelor? It turns out that Amal Clooney hasn't been cramping his style too much — unless he gets out of line.

"There is that moment when I've worn the same T-shirt, like, for a week that she says, 'Really?'" Clooney tells Jimmy Kimmel during an interview. But just in case you think stars really are just like us, he's not talking about literally the exact same unwashed shirt for a week straight, but more just one style of shirt multiple days in a row. "I fake her out once in a while," he explains. "I get different colours of the same T-shirt." Oh, you prankster, you. So it's more of a fashion faux pas than a hygienic concern. Oh, rich people. NED EHRBAR/METRO



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Lime green will be the most popular accent colour this summer: Zillow Digs

What they're a$king

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Duncan McAllister FOR METRO

OUR CITY



$382,400

Winnipeg

For sale is a three-bedroom, townhouse-style condo at 455 Shorehill Dr. S., that includes an attached double garage. It's in the heart of Royalwood, five minutes from St. Vital shopping centre. Featured is a high-end kitchen with plenty of cabinetry. The living room has an electric fireplace and the dining room has hardwood floors and leads to an outdoor deck. There's also a home theatre in the basement. Listing agent Chris Kenny is a sales representative with RE/MAX Professionals, 204-899-4858.



$309,900

Calgary

This two-bedroom, two-storey unit is within walking distance to the university, transit and shopping. It offers more than 1,100 sq. ft. of living space with southern exposure. The main floor features a spacious living room with wood-burning fireplace and a laundry-storage room. Upstairs, the master bedroom is bright and spacious and opens to a second balcony. A four-piece bathroom and extra storage closet feature on the upper level. Tim Lind is a sales representative for RE/MAX Real Estate (Mountain View), 403-247-5171.



$493,700

Vancouver

This two-bedroom townhouse sold at press time after multiple offers. This unit has a massive rooftop deck. The living room features a window bench, a cosy gas fireplace, new laminate hardwood along with custom millwork, built-in shelves and storage cabinets. Upstairs you will find more custom built-in cabinets and shelves, as well as a walk-in closet. The unit also has secure underground parking. Listing agent Stephanie Orr is with Royal LePage Sussex, 604-984-9711.



$250,000

Edmonton

Here's a top floor loft condo in downtown Edmonton. This gated property is bright and spacious, with vaulted two-storey ceilings and a loft space upstairs that's perfect for a home office. It's located minutes away from amenities and includes a two-car garage. Nathan Mol is a sales representative with Liv Real Estate, 780-722-0086.

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3 PLACES TO HIDE YOUR CANDY

Designers working for Swedish confectionery company Malaco have developed a line of products that resemble normal things such as cans, clocks and books, designed specifically for concealing candy. Now when you take candy from a baby you can hide it like an adult. **MATTHEW LEE/METRO NEW YORK**

1 Hide Candy Tin

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2 Hide Candy Globe

A globe that opens reveals plenty of space you can fill with your favourites and then place in your office or living room, with no one the wiser about its contents. Globe is 20 centimetres in diameter. About $20 CDN at malaco.se



3 Hide Candy Book

Here's a book you can (sort of) sink your teeth into. Fill up what looks like a classic novel for your nightstand and have ammunition at the ready in case of a midnight snack attack. About $15 CDN, also at malaco.se





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metro SPORTS

Your essential daily new



Stephen Curry was fined $5,000 for his flop in the Warriors' Game 1, West final win over the Rockets

Leafs lure Babcock with $50 million

NHL

Toronto wins bidding war for coach who has won Cup and Olympics

Brendan Shanahan and the Toronto Maple Leafs swung for the fences and landed the biggest free agent of the NHL off-season.

It's not a franchise cornerstone defenceman or a No. 1 centre but highly sought-after coach Mike Babcock, who had his pick of jobs and chose the Leafs on an eight-year contract worth $50 million.

"I'm proud of Shanny, I'm proud that he dreamt big," Maple Leaf Sports & Entertainment president and CEO Tim Leiweke said of the team's president.

"He got the big whale."

It took a bidding war, and the Leafs won it.

Babcock had no shortage of suitors, from Detroit, where he coached for the past 10 years, to Buffalo and San Jose. The man considered the top hockey coach in the world now has a deal that makes him the highest-paid coach in the league.

The coach from Saskatoon will reportedly receive a large signing bonus and make between $5 million and $6 million US per season, well above the $3.5 million Joel Quenneville of the Chicago Blackhawks pulls in annually. Babcock joins a Leafs team that has missed the playoffs nine of the past 10 seasons.

Toronto will send a third-round pick to the Red Wings as compensation for Babcock.

.627

Babcock's regular-season winning percentage in the NHL

Landing Babcock is a major coup for Shanahan, who in the past 13 months since taking over as president has fired general manager Dave Nonis, coach Randy Carlyle, interim Peter Horachek and several assistants and scouts.

Babcock won a Stanley Cup with Detroit in 2008, went to the final in 2003 with Anaheim and in 2009 with the Red Wings and captured two Olympic gold medals for Canada.

With his contract up, the 52-year-old had his pick of staying in Detroit or choosing a new challenge. Red Wings general manager Ken Holland, who said he's "happy for Mike," also confirmed he didn't want to give Babcock a contract longer than five years.

THE CANADIAN PRESS

"We had 10 great years. After a process, Mike decided to go somewhere else. We're not going to fold the franchise. We're going to go to work. Red Wings GM Ken Holland



Mike Babcock spent the last 10 years coaching the Red Wings.

HARRY HOW/GETTY IMAGES

IN BRIEF

Hamburglar nabs new deal with Senators

The Ottawa Senators have signed goaltender Andrew Hammond to a $4.05-million US, three-year contract.

The "Hamburglar" made his first NHL start at the age of 27 in February, then went 20-1-2 with a 1.79 goals-against average and .941 save percentage to lead the Senators on an improbable run to the playoffs. THE CANADIAN PRESS

Argos sale made official

After months of uncertainty, the future of the Toronto Argonauts is starting to look brighter.

Bell and MLSE chairman Larry Tanenbaum officially announced Wednesday that they have purchased the CFL team and will relocate it to BMO Field.

The Argos currently play at Rogers Centre, home of the Toronto Blue Jays. Their lease at the domed stadium runs through the 2017 season, but can be terminated earlier. THE CANADIAN PRESS

Riders' Hughes retires

Saskatchewan Roughriders fullback Neal Hughes announced his retirement Wednesday after 11 seasons with his hometown team.

The Regina native totalled 70 carries for 277 rushing yards and eight touchdowns while adding 46 catches for 505 receiving yards and six touchdowns over 140 regular-season games.

THE CANADIAN PRESS

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RECIPE Sliced Steak with Pineapple Salsa



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman



A quick & delicious barbequed dinner with a fresh sweet salsa

Ready in
Prep time: 5 minutes
Cook time: 10 minutes

Ingredients
- 1½ lb lean grilling steak, such as New York strip or top sirloin
- 4 (1" thick) slices of fresh pineapple
- 1 green jalapeno sliced lengthwise in half, seeds and ribs removed
- 1/3 cup diced red onion
- 3 Tbsp chopped cilantro
- 1 Tbsp olive oil
- 1 Tbsp lemon juice
- Salt

Directions

1. In a large grill pan or barbeque, cook steak until desired doneness. For medium rare, cook until temperature reaches 135 F. Let sit for 10 minutes.

2. Meanwhile, grill pineapple and jalapeno pepper for about five minutes, just until grill marks appear on both sides.

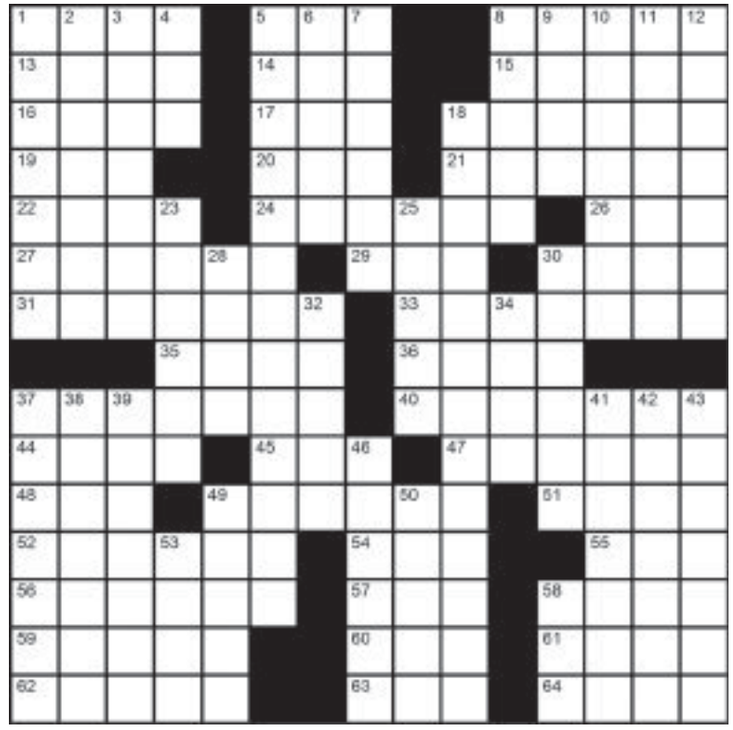
3. Dice pineapple and jalapeno and add to bowl. Add remaining ingredients. Slice steak thinly, fan out on platter and top with salsa.

Nutrition per serving (recipe serves 4)
- Calories 300
- Protein 37 g
- Carbohydrates 55 g
- Fibre 1 g
- Total fat 13 g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Boarding locale at the airport
5. Soldiers see action in it
8. Farm figure's filling
13. Wild goat
14. Charlemagne's li'l domain
15. 8th Greek letter
16. Small estuaries
17. NHL Oilers, on scoreboards
18. __ Creek, Yukon (The most westerly community in Canada)
19. Actor's rep
20. Rapa __ (Easter Island)
21. Narrated again
22. Food assortment
24. Woodstock farmer, Max (b.1919 - d.1973)
26. Grow a Pinocchio nose
27. Debacle
29. NBA's Kings, on scoreboards
30. At any point
31. State of blessed happiness
33. Pre-Target-in-Canada stores
35. Prefix to 'culture'
36. Mr. Zatopek of Olympic track
37. Pope Francis' jurisdiction: 2 wds.
40. Newfoundland rum
44. Whizzes
45. Health supplements store
47. Kylie Minogue's sister
48. Gathered
49. Pristina's locale
51. Bilko, et al.
52. Damsel
54. Clamour
55. Commuter service, e.g.
56. Main course
57. Ms. Lupino
58. "Farewell!"
59. The constellation Orion's shiniest star
60. First word in Inferno by Dante
61. Stars sci.
62. Bulk-carrying barges
63. The Panhandle member
64. Curds and __

DOWN
1. Animal on classic Canadian kids show "The Friendly Giant"
2. Ms. Breslin of movies
3. Item for serving beverages to have with cucumber sandwiches: 2 wds.
4. "All My __ Live in Texas" by George Strait
5. Bryan Adams' duet with Melanie C: 3 wds.
6. Per __ ad astra (Through adversity to the stars)
7. Inattentive
8. Ranch animal
9. "__ '70s Show"
10. Orbit
11. Designer's studio
12. Tower of London guards, Yeomen __
18. "Hard Core Logo" (1996) director born in Kingston, ON: 2 wds.
23. Written works
25. Fixed stares
28. Slangy-style smokes
30. "Grey's Anatomy" star Ms. Pompeo's
32. Demeanors
34. Former currency in Italy
37. The Road __ (Canadian country band)
38. __ Flight 815, as per "Lost"
39. Oscar-winning "Frozen" (2013) song: 3 wds.
41. Vancouver's __ Bay
42. Sodium __ (Food additive)
43. Explorers, Confederation, The Last Spike, etc. = Canadian __
46. Programmer's skill
49. Stability providers for boats
50. VOD = __ On Demand
53. Ms. Barrymore
58. Crow's cry

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Get out and about as much as you can over the next few days. Your bubbly personality will attract people to you and doors will open just when you need them to open.

Taurus April 21 - May 21
It might be a good idea not to make any money-related decisions for the time being. The Sun's move into the financial area of your chart will show you ways to boost your income but don't go at it too quickly .

Gemini May 22 - June 21
A new solar year begins for you today and you must start it in the right frame of mind. All the bad things that happened in recent months are no longer of any concern. Only the good things that are going to happen matter now.

Cancer June 22 - July 23
Don't do things for other people that they really should be doing for themselves. As the Sun moves into the most sensitive area of your chart today someone may try to make you feel guilty so they can take advantage of you. Don't let them.

Leo July 24 - Aug. 23
You will see results today, tomorrow and over the weekend for something you started earlier in the year and that's good because you were thinking of giving up. Stick it out. The tide is about to turn.

Virgo Aug. 24 - Sept. 23
Try not to think of everything that happens in terms of win or lose. With the Sun crossing the career angle of your chart today you are sure to be more competitive than usual.

Libra Sept. 24 - Oct. 23
There were times of late when you did not have the first idea what was going on but now the Sun is moving in your favour again you will see with the utmost clarity — and what you see will most likely delight you.

Scorpio Oct. 24 - Nov. 22
You don't have to be nice to people just because you think it is expected of you. If you don't want to associate with certain individuals, for whatever reason, that is your right — use it or lose it.

Sagittarius Nov. 23 - Dec. 21
Go out of your way to be nice to partners, loved ones and colleagues today because you will be depending on them a lot over the next few weeks. Do what you can to make life easier for them and you will get plenty in return.

Capricorn Dec. 22 - Jan. 20
You may have to make some minor adjustments to your working routine over the next few days but that's okay. The more you change now the less you will have to change later.

Aquarius Jan. 21 - Feb. 19
The negative frame of mind you have been labouring under in recent weeks will disappear either today or tomorrow and everything will be light again. Well, almost. You will still have to deal with a few annoying people.

Pisces Feb. 20 - March 20
The Sun's move into the domestic area of your chart today means you need to devote more time to your family. Whatever your duties in other directions your main responsibility now is to those who depend on you the most.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			6	3	7			
		2			4			
	4			9				
5				7				
9				2			4	1
7					8	3		2
	3							6
		5					9	
			3	8	6	1		

Difficulty Level ★★★

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